

## Presentations and Workshops

- Anxiety Workshop. Weekly two hour group within Intensive Outpatient Program. Psychoeducation provided with skills training in relaxation and exposure response prevention techniques. Lawrence, KS. October 2000-December 2002.
- Dialectical Behavior Therapy Training Team. Organized and co-facilitated study group providing overview of theoretical model. Topeka, KS. March 2003-May 2004.
- Dialectical Behavior Therapy, An Introduction, Part I. Heritage Mental Health Clinic, Topeka, KS. June 2003; January 2005 (psychotherapy training seminar).
- Dialectical Behavior Therapy, An Introduction, Part II. Heritage Mental Health Clinic, Topeka, KS. January 2004; January 2005 (psychotherapy training seminar).
- Eating Disorders in Male and Female Elite Athletes: Risk Factors, Treatment, Prevention. Washburn University, Topeka, KS. November 2009.
- Eating Disorders & the Athlete Triad. Washburn University, Topeka, KS. November 2008.
- Eating Disorders: Assessment Tools and Treatment. Washburn University, Topeka, KS. April 2009.
- Ethics Presentation. Guidelines for clinical work and use of supervision. Heritage Mental Health Clinic, Topeka, KS. September 2003; September 2004.
- Issues Related to Self-Esteem: Addressing Mental Health Concerns and Managing Boundary Issues with Clients. Annual Meeting of The American Electrology Association, Topeka, KS. March, 2003.
- Prevention, Recovery and Hope: Local, National and International Initiatives to End Eating Disorders. Professional Treatment Services, Lawrence, KS. February, 2009.
- The Body Politic: Gender, Culture and Eating Disorders. Heritage Mental Health Clinic, Topeka, KS. April 2005.
- The Body Speaks Its Mind: An Introduction to Body Approaches in Psychotherapy. Heritage Mental Health Clinic, Topeka, KS. September 2004.
- The Borderline Spectrum. St. Francis Recovery Center, Topeka, KS. October 2006
- The Etiology of Eating Disorders; Assessment Tools and Treatment. Washburn University, Topeka, KS. April 2009.